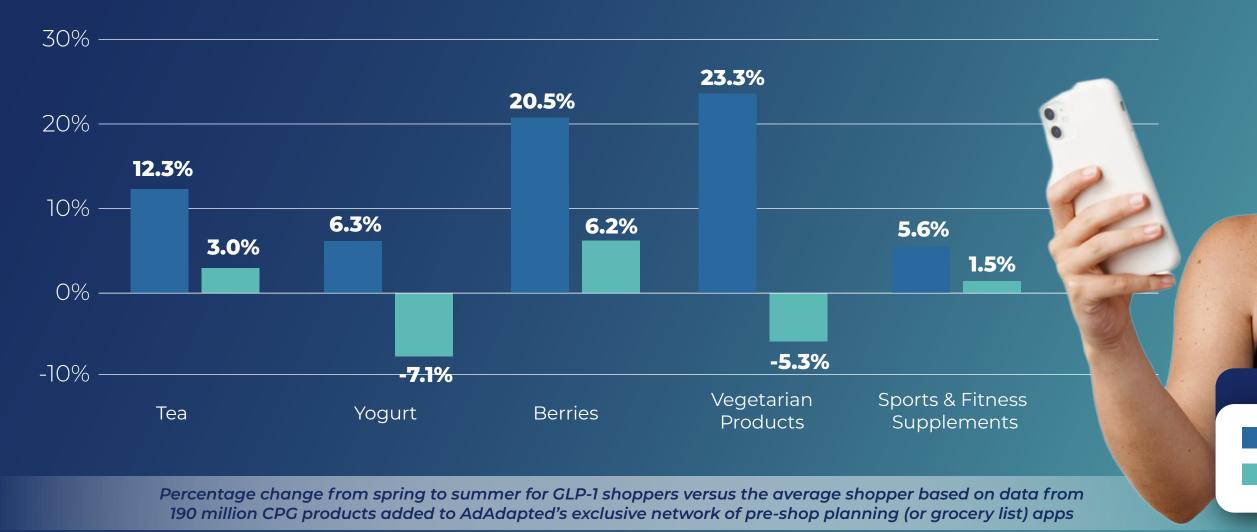
GLP-1 Shoppers vs. The Average Consumer: A Shopping Habit Shifts From Spring To Summer

GLP-1s have not only helped consumers lose weight, they're changing food & beverage preferences and purchases. The analysis of 45 top CPG pre-shop planning apps reveals how GLP-1 consumers change their summer eating habits compared to the average consumer as illustrated by these five healthy CPG categories below.



Source: AdAdapted exclusive first-party insights

KEY

**GLP-1 Shoppers** 

**Average Shoppers**